

CURRICULUM VITAE

1. PERSONAL INFORMATION

Name : Sameena A. Rahman M.D,
Personal Address: 1919 S Prairie Ave unit 2
Chicago, IL 60616
Personal phone: (919) 656 9828
Citizenship: U.S.A
E-mail address: sarahman@alumni.duke.edu, sarahman402@gmail.com
Place of Birth: Upton, NY

2. EDUCATION

May 2001 University of North Carolina at Chapel Hill M.D.

Class of 1997 Duke University B.S. Bio/Women's Studies

3. GRADUATE MEDICAL EDUCATION

7/2001—7/2005 University of Massachusetts Obstetrics & Gynecology

4. POSTDOCTORAL RESEARCH TRAINING : N/A

5. BOARD CERTIFICATION and MEDICAL LICENSURE

Board Certified Obstetrics and Gynecology December 2007, MOC completed 12/2023
Illinois Medical License Number 036.122006 Expires 07/2026
California Medical License Number A92500 Expires 6/30/2026
Indiana Medical License
Arizona Medical License
Wisconsin Medical License

6. MILITARY SERVICE N/A

7. FACULTY APPOINTMENTS

Dates	Title	Institution	Department
12/09-current	Clinical Assistant Professor	Northwestern University	OB/GYN
7/2009-7/2010	Clinical Assistant Professor	University of Chicago	OB/GYN

8/2005-1/2009 Clinical Assistant Professor University of Southern California OB/GYN

8. HOSPITAL APPOINTMENTS

Dates	Title	Hospital
08/2014	OWNER/FOUNDER	Center for Gynecology and Cosmetics
12/09-current	Faculty/Hospitalist	Northwestern University Prentice Women's Hospital
10/09-current	Hospitalist	Little Company of Mary Hospital
2/2009-7/2010	Faculty	Northshore University Health Systems
8/2005-1/2009	Faculty	Women's and Children's Hospital/ L.A. County Hospital
1/2005-1/2009	Staff	Monterey Park Hospital, Monterey Park, CA
8/2005-1/2009	Staff	Alta Med Health Services Corporation (FQHC)

9. ADMINISTRATIVE APPOINTMENTS

Dates	Title	Institution
2/2009-7/2010	Site Lead Physician	Northshore University Health Systems
7/2004-7/2005	Administrative Chief Resident	University of Massachusetts

10. COMMITTEE SERVICE

Dates	Name of Committee (indicate leadership positions, if applicable)
2024.	Scientific Co-Chair of ISSWSH
2023	Educational Committee the Menopause Society
2023	Educational Committee for ISSM
2023	Scientific Committee for ISSWSH
2020--current	Educational Committee for ISSWSH
2018-2022	Social Media Committee member for ISSWSH
2022	Journal of Sexual Medicine Reviews, reviewer
8/2005-1/2009	Credentialing Committee Member, AltaMed Health Services
8/2005-1/2009	Pharmacy & Therapeutics Committee Member Altamed Health Services

8/2005-1/2009 Women's Health Committee Co-Chair Altamed Health Services

8/2005- 1/2009 Management Utilization & Review Committee Member Altamed Health Services

8/2007-1/2009 Simulation in OB/GYN Committee, University of Southern California

8/2007-1/2009 OB/GYN Education Committee, University of Southern California

8/2006- 1/2009 Faculty Evaluator, Residency Program Admissions Committee, University of Southern California

8/2006- 8/2008 Admissions Committee for University of Southern California School of Medicine

11. AWARDS, HONORS, DISTINCTIONS

Date	Name of award
2019-2024	Excellence in teaching medical students, Northwestern Feinberg SOM
2019	International Fellow for International Society for the Study of Women's Sexual Health
2018	Public Voices Fellow for The Op-Ed Project through Northwestern
2016	NAMS certified Menopause Practitioner
2011	Medical Student Teaching Award at Northwestern Feinberg SOM
1/2006	Berlex Foundation Faculty Development Award hosted by Dr. Grimes
7/2005	Teaching & Learning Fellowship Award through USC Medical Education
5/2005	Golden Apple Teaching Award through APGO
1999	Albert Schweitzer Organization Fellow selected

12. PROFESSIONAL SOCIETY MEMBERSHIPS

Fellow, American College of Obstetricians and Gynecologist 2008-present

Junior Fellow, American College of Obstetricians & Gynecologist 2001-2008

Member, International Society for the Study of Vulvovaginal Diseases 2018-present

Member, Scientific Network on Female Sexual Health and Cancer 4/2017

Member of International Society for Study of Women's Sexual Health 1/2017—present

Member of Society of Sexual Medicine of North American 2016—present

Member of International Society for Sexual Medicine 2016—present

Member of North American Menopause Society 2015-present

Member, Association of Professors of Gynecology & Obstetrics 2005-2011

Member& Faculty Mentor, American Medical Women's Association 1998-2005

Member Global Health Council 2004-2010

13. PROFESSIONAL and SCIENTIFIC SERVICE

Evvy Medical Advisor 2024

Forbes Health Advisor 2023

Flo App Medical Health 2023

NAMS Educational Committee Member 2023-

ISSM Educational Committee Member 2023-

ISSM Podcast Committee Member

ISSWSH Social Media Committee Member 2018-current

ISSWSH Educational Committee Member 2019-current

ISSWSH Board of Directors, Director at Large 2022-current

HEART Board of Directors

Physician Liaison for HEART Women & Girls a non-profit organization raising awareness for sexual health and sexual violence in Muslim Communities 2018

Member and Volunteer, International Organization for Women and Development,
Medical Missions to Niger and abroad for Fistula Repair &Obstetrics, 2007, 2008

Women's Health Advocacy Intern &Protocol Developer, Department of Women's
Health & Gender, World Health Organization Geneva, Switzerland 2005

Women's Advocacy Volunteer, Rape Crisis Center, Durham, NC 2001

14. TEACHING

AMO Medical Opportunity—Preceptor for International medical students seeking US Exposure
Medical Student Preceptor for 1st/2nd year students—Northwestern Feinberg School of Medicine
2017—present

Advisor, Leader & Faculty Developer for Chicago Medical School PA student in charge of their
clinical & surgical OB/GYN training 7/2009-7/2010

Faculty Instructor in surgical and inpatient setting for University of Chicago residents and
medical students 7/2009-7/2010

Faculty lecturer for 3rd year medical students OB/GYN rotation for University of Chicago

Faculty Instructor & Lecturer for Introduction to Clinical Medicine (ICM) for 1st & 2nd year
medical students at University of Southern California 2005-2007

Faculty Instructor & Lecturer for Reproductive Health Course 2nd year medical students at the
University of Southern California 2006-2007

Faculty Instructor & Lecturer for ICM Pelvic Anatomy Course and Pelvic Exam for 1st & 2nd year
medical students at the University of Southern California 2006-2007

Faculty Instructor & Lecturer for Residents in Surgical Training/Simulation Training/ Obstetrical
Emergencies for University of Southern California 2005-2009

Faculty Instructor & Evaluator for 3rd year medical students OSCE at the University of Southern
California 2005-2009

Faculty Instructor, Lecturer, & Mentor for 3rd year medical students at the University of Southern
California during OB/GYN rotation. Teaching students both in lecture and during clinical office
hours, as well as in the operating room

Course Instructor, Intern Surgical Skills Orientation, University of Southern California 2006-
2009

Faculty Lecturer for Multidisciplinary Conference Series at Altamed Health Services
Corporation Continuing Medical Education 2005-2007

Course Co-Director for Simulation Training in OB/GYN for residents & students, University of
Southern California 2007-2008

Faculty Advisor and Mentor for American Medical Women's Association, University of
Southern California 2007-2008

15. RESEARCH GRANTS/CONTRACTS

16. SCHOLARLY BIBLIOGRAPHY

a. Articles

1. Addressing Cultural Bias in Medicine , published in Scientific America
<https://blogs.scientificamerican.com/voices/addressing-cultural-bias-in-medicine/>
2. Ghostpartum: Why women don't get the sexual health care they need , published in Scientific America
<https://blogs.scientificamerican.com/voices/ghostpartum-why-many-women-dont-get-the-sexual-health-care-they-need/>
3. Women Still Face A Glass Ceiling When They Become Mothers published in The Washington Post, The Lily

<https://www.thelily.com/women-still-face-a-ceiling-when-they-become-mothers-heres-what-i-hope-for-from-the-new-congress/>
4. Times-Up: Healthcare Needs a #MeToo Movement, published in US News and World Report
<https://www.usnews.com/news/healthcare-of-tomorrow/articles/2019-03-27/commentary-times-up-is-healthcares-much-needed-metoo-movement>
5. Stuck in a Quality Chasm: How We Close Race Gaps in Maternal Health
<https://msmagazine.com/2019/03/05/stuck-in-the-quality-chasm-how-we-close-race-gaps-in-maternal-health/>
6. Menstrual Products are a Right Not A Privilege published in The HILL
<https://thehill.com/opinion/healthcare/434982-menstrual-hygiene-products-are-a-right-not-a-privilege>
7. Transplanted Uterus: Complications of Fertility Shaming Are Born, published in The Hill
<https://thehill.com/opinion/healthcare/420252-transplanted-uterus-complications-on-fertility-shaming-are-born>

8. Rahman, S . Female Sexual Dysfunction among Muslim Women: Increasing awareness to improve overall evaluation and treatment. *Journal of Sexual Medicine Reviews*, 2018 Oct;6(4):535-547
 9. Urwitz-Lane R, Lee R, Peyre S, Rahman S, Kwok L, Muderspach, L. Impact of Laparoscopic Experience on Performance on Laparoscopic Training Drills Among Obstetrics and Gynecology Residents: A Pilot Study. *Journal of Minimally Invasive Gynecology*, Volume 16, Issue 1, pages 72-75
- a. Poster Sessions
1. Rahman, Sameena. Prevalence of Muslim Women with Sexual Pain Among Female Sexual Dysfunction Patients in a Gynecology Only Practice in Downtown Chicago. IPPS Annual Meeting, Chicago, IL October 2018
 2. Moore-Simas T, Rahman, S, Hunt-Okolo S, Meyer B: Women’s Abuse Screening Tool (short) Improves Intimate Partner Violence Detection During Pregnancy, Annual ACOG General Assembly Meeting, San Diego, CA May 2007
 3. Lee R., Peyre S. Urwitz-Lane R, Rahman S, Kwok L, Muderspach L. A Skills Workshop Prior to Clinical Internship Can Improve the Confidence in OB/GYN First Year Residents. Presented at APGO/CREOG Meeting, Salt Lake City, UT, March 2007
 4. Urwitz-Lane R, Rahman S, Lee R, Peyre S, Kwok L, Muderspach L. Impact of Previous Laparoscopic Experience on Performance of Laparoscopic Trainer Drills among OB/GYN Residents. Presented at APGO/CREOG Meeting, Salt Lake City, UT, March 2007.
 5. Urwitz-Lane R, Peyre S, Lee R, Rahman S, Kwok L, Muderspach L. A Pilot Teaching Curriculum Improves Teaching Skills Among Fellows and Junior Faculty. Presented at APGO/CREOG Meeting, Salt Lake City, UT, March 2007.

17. PRESENTATIONS

1. Rahman, Sameena Cigna, S, Rubin, R, Quale H—Business of Sexual Medicine , ISSWSH Conference St Louis 2023

2. Lambda, Arleen and Rahman, Sameena –Spiritual Abuse , sexual abuse and sexual dysfunction among Muslim Women –Abstract , ISSWSH Conference St Louis 2023
3. Rahman, Sameena Take Home Messages in Women’s Sexual Wellness. Presented at ISSM/SMSNA Annual Meeting October 2022
4. Rahman, Sameena “Islam and Sexuality: Debunking the Myths” Presented at ISSWSH Annual Meeting Dallas, TX, March 2022
5. Rahman, S, Mohajir, N et al. Prevalence of Sexual Pain in Cis-Gender Women in North America. Presented at ISSWSH Annual Meeting 2021, virtual
6. Muslim Women and Female Sexual Dysfunction—Lunch and Learn, Presented at ISSWSH Annual Meeting 2020, Orlando, Florida.
7. Implicit Bias in. Sexual Medicine, ISSWSH Fall Course 2020. Virtual.
8. Urwitz-Lane R, Peyre S, Lee R, Rahman S, Kwok L, Muderspach L. A Pilot Teaching Curriculum Improves Teaching Skills Among Fellows and Junior Faculty. Presented at APGO/CREOG Meeting, Salt Lake City, UT, March 2007.

18. Moderated POSTER PRESENTATION

1. Rahman, Sameena. The Great Wall of Vagina: Unlocking Female Sexual Dysfunction in Muslim Women in America: A Retrospective Look At the Prevalence of Vaginismus in this Population. Presented at SMNA Meeting in Scottsdale, AZ, October 2016.

Additional Coursework/Training:

ISSWSH Training Course 2017 and 2018 2019 and 2020 including vulvoscopy training course

ISSWSH Genito-pelvic Pain course, 2022

North American Menopause Society Certified Menopause Practitioner

Social Media

Social Media: www.instagram.com/gynogirl

www.youtube.com/gynogirlTV

Podcast : Gynogirl Presents Sex, Drugs, and Hormones